



Cali ACT Solo Grading Application Form

As of 2019, most Cali ACT solo competitors require a grading to compete in the Cali ACT Solo / Duo competitions.

- Competitors who have competed in **any** previous Calisthenics solo / duo competition (ACT or Interstate) but who do not have a Calisthenics ACT solo / duo grading **must apply** to the Solo Grading Committee for a grading via this form. *Note – competitors who competed in the previous year will not need to apply for a grading as this will be done via the Cali ACT Solo Grading Process.*
- New competitors who have **never** competed in any Calisthenics solo / duo competition (ACT or interstate) **DO NOT NEED TO APPLY FOR A GRADING** – unless there are exceptional circumstances.

This form should be completed by the coach of the soloist and / or the soloist if over 18 years of age.

Please forward the completed form to solograding@calisthenicsact.com.au by **28 February** of the year of competition.

Soloist’s Details

Name:

Contact Phone:

Contact Email:

Registered Club:

State of Registration:

Current Pupil Skill Level:

Age at 31st December:

Reason for not having current grading:

Soloist Signature / Parent Signature if under 18 years:

Date:

Solo Coach Details

Name:

Contact Phone:

Contact Email:

Coach Registration Number:

State of Registration:

Coach Signature:

Date:

Grading Request: Championship Division Division 1 Division 2 Other (please specify)

Justification for request – include soloists past experience, previous solo grading and /or placings at previous solo competitions (if applicable), and any other relevant information to support grading request.