



Calisthenics ACT Representative Team

We are excited to announce that Cali ACT will be participating in Australasian Calisthenics Carnivale – AusCaliCarnivale 2025! This is an exciting and inclusive competition for 2025 that brings together performers, coaches, officials, administrators, suppliers, and supporters to celebrate the magic of Calisthenics! This is an interim competition in place of Nationals as the Australian Calisthenics Federation (ACF) await the results of the ACF National Competition Framework Review. This review will shape the future of the ACF National Event & High Performance Sport Strategy Program for 2026 and beyond.

What does it mean to be part of a representative team?

A representative team brings together athletes from all our clubs to form one team that compete together to represent the State at AusCaliCarnivale 2025. Workshops will be held where our appointed Principal Coach/s will teach snippets of the routines and post videos for the girls to practice. After that, auditions will be held by a panel of coaches experienced in that age group, and a team will be selected. All participants will be notified of their audition results.

How does training work?

Once team selections have occurred, there will be a few training sessions in early December 2024, with regular sessions beginning in late January and will occur weekly until AusCaliCarnivale 2025 in July. Classes will run every Saturday, with a few Sundays as well. Each session will be up to 5 hours long. A training calendar will be finalised and sent it out in January.

What is the commitment involved?

Being part of a representative team requires a strong commitment from both the athlete and their family. It's important to be prepared to work hard and it is vital that your child attends ALL training sessions unless there are unforeseen circumstances.

How much will it cost?

We are still finalising the 2025 budget, however the last Rep Team cost was approximately \$4000 (TBC). This covers all training, camp, specialist coaches, music, costumes, Nationals week, accommodation, and entry fees.

What other fees are involved?

The only additional cost will be for the representative uniform, which includes tights, a polo, a jacket, and a team bow. This will be around \$150 (TBC).

What is the uniform for training?

All girls are required to wear a black leotard of their choice with black dance stirrups.

When and where is AusCaliCarnivale 2025?

AusCaliCarnivale 2025 will be held in Adelaide from 6-12 July 2025.

We hope this gives you a clearer understanding of what AusCaliCarnivale 2025 entails, and we look forward to seeing many of the girls at the upcoming workshops. If you have any further questions, please don't hesitate to reach out.

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State Team Managers

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