

FREQUENTLY ASKED QUESTIONS CALI ACT SOLO GRADING PROCESS

DO I NEED TO APPLY FOR A GRADING?

- **I have a new competitor who has never competed in ANY calisthenics solo competition before.**
 - NO – a grading application is not necessary.
 - If the competitor is new /inexperienced and never competed in ANY calisthenics solo competition (Graceful OR Cal Solo) they will automatically be placed in either a novice section or the lowest division in their age-group.

- **I have a competitor who is very experienced and skilful in team work but has never competed in a solo before.**
 - YES – a grading application may be necessary.
 - A competitor who is very experienced and skilful in other areas of calisthenics (i.e. team) but has not competed in any solo competition before is eligible to apply for a grading under the exceptional circumstances clause in the solo grading protocols.

- **My solo competitor has previously competed in a solo – but did not compete in Cali ACT Solo Season last year.**
 - YES – a grading application is necessary.

- **My solo competitor wants to enter Cal Solo but does not have a grading. They have previously competed in a Graceful but not a Cal solo (or vice-versa).**
 - YES – a grading application is necessary.

- **My solo competitor has a grading for Cal Solo but not Graceful (or vice-versa).**
 - YES – a grading application is necessary.

DUOS / TRIOS

- **Are Duos or Trios being graded? / Do I need to apply for a grading for my Duo?**
 - NO.
 - This may change if entries exceed the max per section / division. This will be reviewed as entries come in.
 - So at this stage - you do not need to apply for a grading for your duo.

GRADING APPLICATIONS

- **How do I apply for a grading for my soloist?**
 - You must fill out the online Cali ACT Solo Grading Application form found [here](#) no later than close of Solo entry.

- **Who assesses new solo grading applications?**
 - The Cali ACT Solo Grading Committee will reconvene to assess all new applications.

SOLO GRADING COMMITTEE

- **Who is on the Solo Grading Committee?**
 - The Calisthenics ACT Solo Grading Committee is made up of the following:
 - Calilsthenics ACT Solo Grading Chair
 - Director of Competitions (or delegate)
 - Director of Coaching (or delegate)
 - Calisthenics ACT Solo Grading Club Delegates (up to 2 per Club)
 - NSW Delegate

- **How will the Solo Grading Committee grade all competitors?**
 - At the close of solo entries – the grading committee will convene.
 - Grading of solo competitors will be based on the previous year’s competition results. All solo competitors from the previous year will be ranked based on at least the following two criteria:
 - the average adjudicator rankings over the previous years’ preliminary and championship solo competitions (where available); and
 - the following points system:

Cali ACT Preliminary & Championship Solo / Duo Competition:

Ranking/Place	Ranking Points Awarded
1 st	12
2 nd	10
3 rd	8
4 th	6
5 th	4

- Grading of returning competitors – the grading committee will be guided by the Solo Grading Application form.
- Grading of new competitors – Tinies and Sub-Juniors will be placed in non-ranked “novice” sections. Juniors and over will be ranked in the lowest division for their age-group.

WHERE CAN I FIND MORE INFORMATION?

- All the Solo Grading Protocols can be found on the Cali ACT website in the Cali ACT Competition Protocols Document.
- Questions relating to new solo competitors / new grading applications - please direct to Calisthenics ACT Solo Grading Chair at solograding@calisthenicsact.com.au.